## What is Fluoride Varnish?

 Fluoride varnish is a coating that can be painted on the teeth to prevent tooth decay.



## What are the benefits?



- Safe and Effective
- Quick and Easy to apply
- Strengthens Enamel
- Can stop early tooth decay or white spots

## Who needs Fluoride Varnish?

Any child who has:

- White spots on teeth
- Cavities
- No fluoridated water
- No regular dentist
- Special health care needs
- Two or more snacks or sugary drinks per day





Ask your doctor or dentist about **fluoride varnish** for your child!





