

Oral Health in Your Office Training Summary and Tip Sheet

Who: Begin with first tooth, then

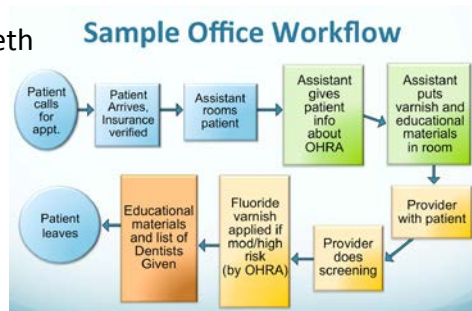
- Medicaid 0 to <5 years old
- Commercial 0 to <6 years old

Materials Required:

- Light Source (otoscope, penlight, head or floor lamp)
- Supply bag (varnish, gloves, gauze, etc.)
- Parent instructions (from varnish or EHR)

Office Workflow Responsibilities:

- Supply ordering (requires DEA number)
- Assembling materials at point of service
- Risk assessment
- Examination of teeth
- Family education
- Recording the process



Positions:

- Knee to knee
- Sitting alone or w/parent (in parent's lap)
- Laying on exam table

Exam Steps:

- Lift the lip
 - Mouth will open automatically
 - Focus on upper incisors, and molars
- Screen systematically
 - Upper Arch, Lower Arch – front and back
 - Tongue – remind to brush it!
- Apply varnish
 - Use only enough to cover teeth – not all of it
 - Varnish will spread on its own
 - Irritates open oral lesions
 - Allergy to pine nut IS NOT A PROBLEM!

Education:

- Brushing with fluoride toothpaste twice daily
- Only a rice-size smear or pea-size amount
- Flossing where teeth touch
- Dental visits 1-4 times per year depending upon risk
- Fluoride in water

Warm Handoff Dental Referral

- Who is their dentist?
- Screen local dentists
- Ask your own dentist to accept your calls!

Coding:

- CPT 99188
- ICD 10 – Z91.8 and/or Z41.8

Chart Note:

Risk Assessment:

Moderate/High Risk Factors present:

- Family member w/active decay - past 12 mos
- Parent/Caregiver, siblings have no dentist
- Bottle/sippy cup use with sweet fluid**
- Child to bed w/sweet substance to drink**
- Frequent snacking during the day**
- Child has special healthcare needs**
- Child is a recent immigrant
- Sibs >3 yo have no dental home

Protective factors present:

- Existing dental home
- Drinks water w/F or takes F supplements
- F varnish applied in the past 3 months
- Teeth are brushed twice daily
- Teeth flossed once daily if appropriate

Examination:

- Teeth healthy and gums examined - no gum disease, stains, or caries noted.
- Teeth and gums examined and the following were found:
 - White spots or visible decalcifications
 - Obvious decay
 - Restorations (fillings) present
 - Visible plaque accumulation
 - Gingivitis (swollen/bleeding gums)

Fluoride Varnish application:

- 5% NaF in xylitol varnish applied with brush to all surfaces of the erupted teeth with patient cooperation and parent verbal consent.
- Explained to give relatively soft diet for 24 hours, delay brushing and flossing until next day and limit warm beverages

Education

- Explained dental care with brushing and use of fluoride containing toothpaste a little dot not a lot twice daily.
- Explained that flossing is encouraged where teeth touch each other.

Referral to Dentist: _____